

A.S. General Studies: Health Sciences Specialization

ADVANCE Program Milestones

ADVANCE Milestone Requirements: All ADVANCE students must adhere to the following requirements. For Milestones #1-#3, failure to meet these milestones will prevent a student from matriculating to Mason and/or result in termination from ADVANCE. For Milestones #4-#7, failure to meet these milestones may delay matriculation to Mason.

1. Students must complete their NOVA degree within 4 years of being admitted into ADVANCE. Students are highly encouraged to be continuously enrolled at NOVA/Mason to support progress towards degree completion.
2. Students must maintain a minimum 2.5 cumulative GPA at NOVA and must have a minimum 2.5 GPA upon matriculation to Mason.
3. Students who wish to enroll at Mason for the fall semester must apply for NOVA spring graduation by March 1 or summer graduation by June 1. Students who wish to enroll at Mason for the spring semester must apply for NOVA fall graduation by October 1.
4. Students must begin developmental coursework no later than the first semester in ADVANCE at NOVA.
5. Students must take first college-level MTH course and ENG 111 in the semester immediately following the completion of any MDE or EDE courses (excluding summer).
6. In the first 30 credits, students must complete ENG 111 and ENG 112 with a C or better.
7. Students must complete a Mason Core Quantitative Reasoning course equivalent with a C or better no later than one semester before NOVA graduation. Refer to your pathway to select the appropriate MTH course(s).

	NOVA DEGREE REQUIREMENT	Credits	Courses	MASON TRANSFER EQUIVALENT	MASON CORE/DEGREE EQUIVALENT
1	SDV Course	1	SDV 100 College Success Skills OR SDV 101 Orientation to Healthcare	UNIV XXX	General Elective
2	ENG 111	3	ENG 111 College Composition I	ENGH 101	Written Comm
3	BIO 141	4	BIO 141 Human Anatomy and Physiology I	BIOL 124	Major
4	MTH 154	3	MTH 154 Quantitative Reasoning	MATH 106	Quantitative
5	PSY 200 or PSY 230	3	PSY 200 Principles of Psychology OR PSY 230 Developmental Psychology	PSYC 100 PSYC 211	Soc/Behav
6	HIM 111	3	HIM 111 Medical Terminology	HAP 202	General Elective
7	BIO 142	4	BIO 142 Human Anatomy and Physiology II	BIOL 125	Major
8	ENG 112	3	ENG 112 College Composition II	ENGH XXX	General Elective
9	CST Course	3	CST 110 Introduction to Human Communication	COMM 101	Oral Comm
10	Transfer Elective #1	3	ITE 152 Introduction to Digital and Information Literacy and Computer Applications	IT 104	Info Tech
11	Humanities/Fine Arts #1	3	ART 100 Art Appreciation OR ART 101 History of Art: Prehistoric to Gothic OR ART 102 History of Art: Renaissance to Modern OR CST 130 Introduction to Theatre OR CST 151 Film Appreciation I OR MUS 121 Music in Society	ARTH 101 ARTH 200 ARTH 201 THR 101 ENGH L372 MUSI 101	Arts
12	Social/Behavioral Sciences	3	ECO 201 Principles of Macroeconomics OR ECO 202 Principles of Microeconomics OR GEO 210 People and the Land: An Introduction to Cultural Geography OR HIS 121 United States History to 1877 OR HIS 122 United States History Since 1865 OR PLS 135 U.S. Government and Politics OR SOC 200 Introduction to Sociology OR SOC 211 Cultural Anthropology	ECON 104 ECON 103 GGG 103 HIST 121 HIST 122 GOVT 103 SOCI 101 ANTH 114	General Elective

13	Transfer Elective #2	3	Global Health Concentration: GEO 220 World Regional Geography Nutrition and Physical Activity and Public Health Concentrations: DIT 121 Nutrition I OR HLT 230 Principles of Nutrition No Concentration: DIT 121 Nutrition I OR HLT 230 Principles of Nutrition OR HLT 110 Personal and Community Health OR SSC 115 Introduction to Global Affairs	GGS 101 NUTR 295 NUTR 295 NUTR 295 NUTR 295 HEAL 110 GLOA 101	Major or General Elective
			BIO 101 General Biology I OR CHM 101 Introductory Chemistry OR ENV 121 General Environmental Science I OR GOL 105 Physical Geology OR PHY 100 Elements of Physics	BIOL 103/105 CHEM 103 EVPP 108/109 GEOL 101/103 PHYS 103	
14	Transfer Elective #3	4	BIO 101 General Biology I OR CHM 101 Introductory Chemistry OR ENV 121 General Environmental Science I OR GOL 105 Physical Geology OR PHY 100 Elements of Physics	BIOL 103/105 CHEM 103 EVPP 108/109 GEOL 101/103 PHYS 103	Nat Science
15	MTH 245	3	MTH 245 Statistics I	STAT 250	General Elective
16	HIS Elective	3	HIS 101 Western Civilizations Pre-1600 CE OR HIS 102 Western Civilizations Post-1600 CE OR HIS 112 World Civilizations Post-1500 CE	HIST 101 HIST 102 HIST 125	Western Civ
			ENG 225 Reading Literature: Culture and Ideas OR ENG 245 British Literature OR ENG 246 American Literature OR ENG 255 World Literature OR ENG 258 African American Literature OR ENG 275 Women's Literature OR Any 200-Level ENG Literature course ¹	ENGH 202 or FRLN L330 (ENG 255 only)	
17	Humanities/Fine Arts #2	3	BIO 101 General Biology I OR BIO 102 General Biology II OR CHM 101 Introductory Chemistry OR ENV 121 General Environmental Science I OR ENV 122 General Environmental Science II OR GOL 105 Physical Geology OR GOL 106 Historical Geology OR PHY 100 Elements of Physics	BIOL 103/105 BIOL 102 CHEM 103 EVPP 108/109 EVPP 112/113 GEOL 101/103 GEOL 102/104 PHYS 103	Nat Science
			BIO 101 General Biology I OR BIO 102 General Biology II OR CHM 101 Introductory Chemistry OR ENV 121 General Environmental Science I OR ENV 122 General Environmental Science II OR GOL 105 Physical Geology OR GOL 106 Historical Geology OR PHY 100 Elements of Physics	BIOL 103/105 BIOL 102 CHEM 103 EVPP 108/109 EVPP 112/113 GEOL 101/103 GEOL 102/104 PHYS 103	
18	Science Course	4	BIO 101 General Biology I OR BIO 102 General Biology II OR CHM 101 Introductory Chemistry OR ENV 121 General Environmental Science I OR ENV 122 General Environmental Science II OR GOL 105 Physical Geology OR GOL 106 Historical Geology OR PHY 100 Elements of Physics	BIOL 103/105 BIOL 102 CHEM 103 EVPP 108/109 EVPP 112/113 GEOL 101/103 GEOL 102/104 PHYS 103	Nat Science
19	Transfer Elective #4	3	CST 229 Intercultural Communication	COMM L305	Global
20	Transfer Elective #5	3	GCH 205 Global Health	GCH 205	Major

A. S. GENERAL STUDIES
(HEALTH SCI) DEGREE TOTAL 62

For academic policies and procedures, please see NOVA catalog - <http://www.nvcc.edu/catalog/index.html>

B.S. Community Health

Concentrations: Global Health; Nutrition; No Concentration; Physical Activity and Public Health

	MASON DEGREE REQUIREMENT	Credits	Course	MASON CORE/DEGREE EQUIVALENT
21	Major Core	3	GCH 300 Introduction to Public Health	Major
22	Major Core	3	GCH 310 Health Behavior Theories	Major
23	Major Core	3	GCH 332 Health and Disease	Major
24	Major Core	3	GCH 335 Applied Health Statistics	Major
25	Major Core	3	GCH 380 Public Health Research Methods	Major
26	Major Core	3	GCH 350 Health Promotion and Education	Major
27	Major Core	3	GCH 360 Health and Environment	Major
28	Community Health Elective	3	Approved Community Health Elective ²	Major
29	Major Core	3	GCH 411 Health Program Planning and Evaluation	Writing Intensive
30	Major Core	3	GCH 412 Fundamentals of Epidemiology	Major
31	Major Core	3	GCH 376 Health Ethics, Leadership, and Advocacy	Major
32	Community Health Elective	3	Approved Community Health Elective ²	Major

33	Gen Ed: Written Communication (Upper-level)	3	ENGH 302 Advanced Composition	Written Comm
34	Major Core	3	GCH 445 Social Determinants of Health	Major
35	Community Health Elective	3	Approved Community Health Elective ²	Major
36	Community Health Elective or General Electives	3	Approved Community Health Elective ² OR General Electives (See: Advisor)	Major
37	Community Health Elective or General Electives	3	Approved Community Health Elective ² OR General Electives (See: Advisor)	Major
38	Community Health Elective or General Electives	3	Approved Community Health Elective ² OR General Electives (See: Advisor)	Major
39	Community Health Elective	0-3	Community Health Elective ² (Nutrition concentration only)	Major
40	Community Health Elective or General Electives	1-3	Approved Community Health Elective ² OR General Electives (See: Advisor)	Major
41	Gen Ed: Synthesis/Major Core	3	GCH 465 Community Health Capstone	Synthesis

B.S. COMMUNITY HEALTH

120-125

DEGREE TOTAL

Denotes a course that must be taken at George Mason University while attending NOVA. Failure to complete your co-enrollment course(s) while attending NOVA can significantly affect your timeline for Mason graduation. Please see your ADVANCE Coach for more information and to enroll.

Important Academic Information:

¹200-level ENG literature classes include: ENG 225, ENG 230, ENG 236, ENG 237, ENG 245, ENG 246, ENG 250, ENG 255, ENG 256, ENG 257, ENG 258, ENG 271, ENG 275, and ENG 279.

²For approved Community Health Electives, please visit: <https://catalog.gmu.edu/colleges-schools/health-human-services/global-community-health/community-health-bs/#requirementstext>

Additional General Notes & Resources:

- Students must earn a minimum grade of C in all major courses. A criminal background check and proof of vaccination status may be required of students prior to beginning an internship if required by the internship organization.
- ADVANCE students who earn at least a 2.85 final, cumulative GPA and no more than 9 credits of unrepeatd D/F grades may be eligible to receive a waiver for any lower-level Mason Core courses not already completed. To be eligible for the Mason Core waiver, students must also complete the requirements of the AA or AS degree listed on their pathway, and apply to graduate from NOVA by the deadline (see milestone #3). Students must provide the Office of Admissions with a final, official transcript reflecting the degree conferral date and a cumulative NOVA GPA at or above 2.85.
- For academic policies and procedures, please see Mason catalog - <https://catalog.gmu.edu/policies/>
- Students seeking a bachelor's degree must apply at least 45 credits of upper-level courses (numbered 300 or above) toward graduation.